

**Colonoscopy  
Discharge Instructions**

- No alcohol for 24 hours.
- No driving until tomorrow.
- Resume your regular diet and medications unless otherwise instructed.
- You may have a bloated sensation and pass large amounts of gas.
- If you have any of the following occur, please contact your surgeon:
  - Chills or fever over 101°.
  - Severe pain not relieved by medication.
  - Persistent or heavy rectal bleeding other than what was described by your surgeon.
- The surgeon’s clinic will notify you when and if you need to repeat your exam.
- If you had any biopsies taken or polyps removed you will receive a letter from the surgeon’s office regarding the pathology results in a few weeks. You may call the surgeon’s office at **712-262-6320** after two weeks to check your results.

Additional Instructions and Medications: \_\_\_\_\_

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*It has been our pleasure to take care of you. If you have any questions about your care, please contact our office during normal business hours at 712-262-6320. After hours or weekends, please call your local emergency room.*